

ORTHOTICS

The key to a **healthier** body
could be right under your **feet**



Your feet have a direct impact on the rest of your body. Like the foundation of a house, your feet support the weight of everything above them. When a small problem develops in your feet, the subtle changes in the way you walk will cause a chain reaction of adjustments in your posture and walking mechanics. These changes can put stress on your joints and lead to more serious problems such as:

- knee pain
- hip pain
- back pain

The Orthotic Group's custom orthotics help to reduce pain and discomfort by enhancing the body's natural movements.

Ask your health care practitioner how orthotics can help you step away from pain!



RunFlex



SuperFlex



DressFlex



SportFlex



FashionFlex